



Improving veterinary mental wellbeing, and diversity, equity and inclusion

A report by FVE supported by Zoetis

RECOMMENDATIONS

1.

Veterinary organisations should continue raising awareness and preventing stigmatisation by offering webinars/training/education.



2.

Veterinary clinics should be offered practical, tailored tools to improve MWB. These should be personalised to the needs of the individual, and easy to find and use.



3.

The impact of DEI on veterinary wellbeing should not be underestimated. Veterinary organisations and clinics should look to improve DEI by creating more awareness and a more inclusive environment.



4.

It's important to focus on MWB and DEI from university onwards. Universities should also look to work collaboratively with professional organisations and practitioners to ensure research-based methods are implemented to increase DEI in the veterinary profession.



5.

More research is needed on MWB and DEI. Also important will be an objective, universal scoring system to objectively rate the impact of different support programmes.



6.

To make sure graduates thrive and to keep them in the profession, veterinary organisations and individual employers should create an attractive, inclusive, collaborative work environment.

