



Improving veterinary mental wellbeing, and diversity, equity and inclusion

A report by FVE supported by Zoetis

RECOMMENDATIONS

1. Veterinary organisations should continue raising awareness and preventing stigmatisation by offering webinars/training/education.





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2.

Veterinary clinics should be offered practical, tailored tools to improve mental wellbeing. These should be personalised to the needs of the individual, and easy to find and use.





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3.

Veterinary organisations and clinics should look to improve diversity, equity and inclusion by creating more awareness and a more inclusive environment.





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4.

Universities should look to work collaboratively with professional organisations and practitioners to ensure research-based methods are implemented to increase diversity, equity and inclusion in the veterinary profession.



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5.

More research is needed on mental wellbeing and diversity, equity and inclusion. Also important will be an objective, universal scoring system to objectively rate the impact of different support programmes.





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6. To make sure graduates thrive and to keep them in the profession, veterinary organisations and individual employers should create an attractive, inclusive, collaborative work environment.

