



Federation
of Veterinarians
of Europe



FECAVA
Federation of European Companion
Animal Veterinary Associations



EUROPEAN MENTAL HEALTH WEEK: JOINT FVE, FECAVA AND IVSA PRESS RELEASE



PROMOTING VETERINARY WELL-BEING: STRATEGIES AND RESOURCES FOR A THRIVING PROFESSION

Brussels, 14 May 2024. To mark the European Mental Health Week, FVE, FECAVA and IVSA present our brand-new mental wellbeing hub www.vetjoy.org, featuring a jointly developed comprehensive toolkit, to support veterinary workplaces and associations in promoting mental well-being and diversity, equity, and inclusion.

Studies have shown that veterinarians are experiencing alarming levels of stress, leading to burnout and impacting the work they provide to our beloved animal friends. Thanks to the generous support of Zoetis, the toolkit aims therefore to empower veterinary workplaces to create environments where every team member feels valued, respected, and supported. **This includes the launch of Workplace Coaching Vouchers, the photography contest 'A Day In Your Life: The Diversity Of Veterinary Work' under the umbrella of the European Diversity Month and our inaugural 'Great Veterinary Workplaces Award'.**

Commenting on the Great Veterinary Workplace Award, Ann Criel, FECAVA Vice-President said: "The inaugural [Great Veterinary Workplace Award](#) is your chance to shine and be recognised for your commitment to excellence! We're looking for workplaces that promote professional engagement, fostering a positive work environment, providing excellent conditions, and demonstrating outstanding leadership!"

Speaking on behalf of IVSA, Zuzanna Czekaj, Committee Coordinator added: "As submission for the [photography contest](#), we want to see pictures which best illustrate, both from an artistic and a descriptive point of view, diversity in the veterinary profession, wherever that may be: On a farm, in practice, on the go, in the office, at home, in the lab, in lecture halls, in fact anywhere where veterinarians work!"

FVE President, Siegfried Moder, speaking on behalf of the FVE, concluded: "Veterinary workplaces across Europe can access invaluable resources for free through www.vetjoy.org, including workplace coaching vouchers, podcasts, videos, courses, and much more! Join us in creating a brighter future where every member thrives. Let's build a profession that prioritises well-being for all!"

Learn more about the initiatives and discover all resources on www.vetjoy.org !

NOTES TO EDITORS:

- FECAVA – The [Federation of Companion Animal Veterinary Associations](#) represents more than 25,000 companion animal veterinarians in 40 European countries.
- FVE – The [Federation of Veterinarians of Europe](#) is an umbrella organisation of veterinary organisations from 38 European countries.
- IVSA - [The International Veterinary Students' Association](#) is a student-run organization representing over 38.000 students from over seventy countries.